

Summary top performances (based on FINA Points 2010)

1.	HAYDEN, Brent	83	UBCDS	100m Freestyle	Final	45.56	959 Pts.	14 Nov 09	Berlin (GER)
2.	HAYDEN, Brent	83	UBCDS	200m Freestyle	Final	1:40.80	958 Pts.	15 Nov 09	Berlin (GER)
3.	KORNFELD, Paul	87	UCSC	200m Breaststroke	Final	2:03.26	938 Pts.	9 Aug 09	Leeds (GBR)
4.	COCHRANE, Ryan	88	IS	1500m Freestyle	Timed Final	14:28.63	937 Pts.	8 Aug 09	Leeds (GBR)
5.	JOHNS, Brian	82	UBCT	400m Medley	Final	4:02.72	934 Pts.	21 Feb 03	Victoria
6.	West Vancouver Otters		WVOSC	4 x 50m Freestyle	Final	1:25.48	928 Pts.	9 Nov 01	Victoria
7.	KORNFELD, Paul	87	UCSC	100m Breaststroke	Final	57.10	923 Pts.	7 Aug 09	Leeds (GBR)
8.	COCHRANE, Ryan	88	IS	400m Freestyle	Final	3:39.10	915 Pts.	6 Aug 09	Leeds (GBR)
9.	JOHNS, Brian	82	UBCDS	200m Medley	Final	1:55.19	908 Pts.	14 Mar 09	Toronto
10.	TAPP, Jake	88	LOMSC	100m Backstroke	Final	50.60	904 Pts.	6 Aug 09	Leeds (GBR)
11.	RUSSELL, Colin	84	DS	200m Freestyle	Final	1:42.87	901 Pts.	11 Mar 09	Toronto
12.	COCHRANE, Ryan	88	IS	800m Freestyle	Final	7:39.57	898 Pts.	12 Mar 09	Toronto
13.	WOLLACH, Pascal	87	UCSC	100m Backstroke	Final	50.84	892 Pts.	8 Aug 09	Leeds (GBR)
14.	WORSLEY, Blake	87	CAN	200m Freestyle	Final	1:43.29	890 Pts.	9 Aug 09	Leeds (GBR)
15.	HIRNIAK, Stefan	85	IS	200m Fly	Final	1:53.43	890 Pts.	8 Aug 09	Leeds (GBR)
16.	BEAVERS, Keith	83	CAN	200m Medley	Final	1:55.98	889 Pts.	19 Feb 09	Vancouver
17.	UBC Dolphins Swim Club		UBCDS	4 x 100m Freestyle	Final	3:10.99	884 Pts.	13 Mar 09	Toronto
18.	WORSLEY, Blake	87	CAN	400m Freestyle	Final	3:41.76	883 Pts.	6 Aug 09	Leeds (GBR)
19.	SAY, Rick	79	UCSC	200m Freestyle	Final	1:43.68	880 Pts.	30 Nov 03	Québec
20.	SAY, Rick	79	CAN	400m Freestyle		3:41.99	880 Pts.	22 Jan 02	Stockholm (SWE)
21.	RUSSELL, Colin	84	DS	100m Freestyle	Final	46.94	877 Pts.	12 Mar 09	Toronto
22.	UBC Dolphins Swim Club		UBCDS	4 x 50m Freestyle	Final	1:27.11	876 Pts.	11 Mar 09	Toronto
23.	Island Swimming		IS	4 x 200m Freestyle	Final	7:10.27	871 Pts.	12 Mar 09	Toronto
24.	MAITLAND, Kier	88	EKSC	1500m Freestyle	Timed Final	14:50.06	871 Pts.	8 Aug 09	Leeds (GBR)
25.	BOIS, Mathieu	88	CNPPO	100m Breaststroke	Final	58.22	871 Pts.	7 Aug 09	Leeds (GBR)

50m Freestyle

HAYDEN, Brent	83	UBCDS	21.34	Mar 09	Toronto
RUSSELL, Colin	84	UT	21.73	Feb 10	Toronto
ROSE, Matthew	81	IS	21.88	Mar 09	Toronto
HORTNESS, Richard	85	AMAC	21.97	Mar 09	Toronto
TAPP, Charlie	90	LOSC	22.03	Aug 09	Charlottetown
BARTOCH, Joe	83	LAC	22.06	Mar 09	Toronto
GREENSHIELDS, Joel	88	UA	22.14	Aug 09	Leeds (GBR)
LAURIN, Ryan	76	CAN	22.15	Nov 98	Edmonton
ABDEL-KHALIK, Hassaan	91	ESWIM	22.17	Aug 09	Charlottetown
BISKUPSKI, Rory	87	UBCDS	22.19	Mar 09	Toronto

200m Freestyle

HAYDEN, Brent	83	UBCDS	1:40.80	Nov 09	Berlin (GER)
RUSSELL, Colin	84	DS	1:42.87	Mar 09	Toronto
WORSLEY, Blake	87	CAN	1:43.29	Aug 09	Leeds (GBR)
SAY, Rick	79	UCSC	1:43.68	Nov 03	Québec
ABDEL-KHALIK, Hassaan	91	ESWIM	1:44.11	Aug 09	Leeds (GBR)
JOHNS, Brian	82	UBCT	1:44.47	Feb 07	Halifax
HIRNIAK, Stefan	85	VASC	1:44.91	Nov 09	Berlin (GER)
SIOUI, Adam	82	CAN	1:45.28	Mar 04	New York (USA)
BETUZZI, Raymond	87	UCSC	1:45.58	Mar 09	Toronto
SZOO, Adam	88	UL	1:45.72	Aug 09	Leeds (GBR)

800m Freestyle

COCHRANE, Ryan	88	IS	7:39.57	Mar 09	Toronto
VANDERMEULEN, Gary		CAN	7:47.07	Feb 90	Bonn (FRG)
O'HARE, Turlough	69	CAN	7:48.81	Feb 90	Bonn (FRG)
WEINBERGER, Richard	90	PCS	7:50.40	Aug 09	Charlottetown
SAY, Rick	79	CAN	7:50.43	Jan 02	Stockholm (SWE)
DAGNALL, Craig	90	VASC	7:50.47	Aug 09	Charlottetown
MAC GILLIVARY, Kurtis	84	CAN	7:51.31	Nov 03	Melbourne (AUS)
TAYLOR, Harry		EKSC	7:52.15	Feb 90	Bonn (FRG)
KING, Aimeson	91	ON	7:52.37	Aug 09	Charlottetown
BOBROSKY, Chad	93	CASC	7:52.53	Aug 09	Charlottetown

100m Freestyle

HAYDEN, Brent	83	UBCDS	45.56	Nov 09	Berlin (GER)
RUSSELL, Colin	84	DS	46.94	Mar 09	Toronto
GREENSHIELDS, Joel	88	UA	47.52	Nov 08	Toronto
ABDEL-KHALIK, Hassaan	91	ESWIM	47.73	Aug 09	Leeds (GBR)
HIRNIAK, Stefan	85	IS	48.27	Mar 09	Toronto
SAY, Rick	79	IS	48.28	Nov 04	Calgary
ROSE, Matthew	81	IS	48.32	Nov 06	Toronto
WORSLEY, Blake	87	CAN	48.33	Aug 09	Leeds (GBR)
BISKUPSKI, Rory	87	UBCDS	48.34	Mar 09	Toronto
HORTNESS, Richard	85	AMAC	48.43	Aug 09	Leeds (GBR)

400m Freestyle

COCHRANE, Ryan	88	IS	3:39.10	Aug 09	Leeds (GBR)
WORSLEY, Blake	87	CAN	3:41.76	Aug 09	Leeds (GBR)
SAY, Rick	79	CAN	3:41.99	Jan 02	Stockholm (SWE)
O'HARE, Turlough	69	CAN	3:43.95	Mar 91	???
JOHNS, Brian	82	UBCDS	3:44.21	Nov 03	Québec
ABDEL-KHALIK, Hassaan	91	ESWIM	3:44.39	Aug 09	Leeds (GBR)
ZOLDOS, Michael	89	CAN	3:44.70	Aug 09	Leeds (GBR)
JOHNSTON, Mark	79	CAN	3:44.77	Jan 04	Stockholm (SWE)
HURD, Andrew	82	CAN	3:45.59	Mar 04	New York (USA)
BETUZZI, Raymond	87	UCSC	3:45.83	Mar 09	Toronto

1500m Freestyle

COCHRANE, Ryan	88	IS	14:28.63	Aug 09	Leeds (GBR)
MAITLAND, Kier	88	EKSC	14:50.06	Aug 09	Leeds (GBR)
MAC GILLIVARY, Kurtis	84	CAN	14:50.94	Nov 03	Melbourne (AUS)
O'HARE, Turlough	69	CAN	14:52.32	Mar 92	Montreal
ZOLDOS, Michael	89	CAN	14:53.45	Aug 09	Leeds (GBR)
ABDEL-KHALIK, Hassaan	91	ESWIM	14:57.11	Mar 09	Toronto
DAGNALL, Craig	90	VASC	15:01.94	Aug 09	Charlottetown
TAYLOR, Harry		EKSC	15:02.54	Feb 92	Paris (FRA)
HURD, Andrew	82	CAN	15:03.87	Mar 04	New York (USA)
MCWHA, Michael	77	CAN	15:04.14	Feb 94	???

**50m Backstroke**

JANES, Riley	80	CAN	23.90	Mar 00	Minneapolis (USA)
ROSE, Matthew	81	IS	23.95	Mar 09	Toronto
TAPP, Jake	88	LOMSC	23.97	Aug 09	Leeds (GBR)
NG, Callum	85	UBCDS	24.10	Nov 07	Berlin (GER)
WOLLACH, Pascal	87	UCSC	24.12	Aug 09	Leeds (GBR)
RENAUD, Chris	76	CAN	24.25	Mar 96	???
JOHNSON, Alexander	89	UBCDS	24.65	Mar 09	Toronto
KARPOV, Nick	90	TSC	24.70	Aug 09	Charlottetown
LANGLOIS, Daniel	88	UCSC	24.73	Mar 09	Toronto
HAWES, Matt	86	UBCDS	24.77	Aug 09	Leeds (GBR)

**100m Backstroke**

TAPP, Jake	88	LOMSC	50.60	Aug 09	Leeds (GBR)
WOLLACH, Pascal	87	UCSC	50.84	Aug 09	Leeds (GBR)
JANES, Riley	80	CAN	52.18	Mar 00	Minneapolis (USA)
NG, Callum	85	UBCDS	52.24	Feb 09	Vancouver
HAWES, Matt	86	UBCDS	52.25	Aug 09	Leeds (GBR)
TEWKSBURY, Mark	68	UCSC	52.50	Feb 92	???
RENAUD, Chris	76	CAN	52.55	Mar 96	???
ROSE, Matthew	81	CAN	53.30	Mar 04	New York (USA)
JOHNS, Brian	82	UBCDS	53.38	Mar 09	Toronto
SHARPE, David	90	HTAC	53.41	Feb 09	Charlottetown

**200m Backstroke**

HAWES, Matt	86	UBCDS	1:52.21	Aug 09	Leeds (GBR)
WOLLACH, Pascal	87	UCSC	1:52.61	Aug 09	Leeds (GBR)
RENAUD, Chris	76	CAN	1:54.01	Feb 96	???
TAPP, Jake	88	LOMSC	1:54.02	Aug 09	Leeds (GBR)
BEAVERS, Keith	83	ROW	1:54.67	Nov 03	Québec
O'BRIEN, Nathaniel	83	CAN	1:54.98	Mar 04	New York (USA)
SINCLAIR, Nicholas	91	UVIC	1:55.09	Aug 09	Charlottetown
TEWKSBURY, Mark	68	UCSC	1:55.25	Jan 92	???
VERSFELD, Mark	76	CAN	1:55.42	Apr 99	Hong Kong (HKG)
SWANSTON, Matthew	91	NEW	1:55.47	Nov 08	Toronto

**50m Fly**

BARTOCH, Joe	83	LAC	23.31	Mar 09	Toronto
KINDLER, Thomas	80	CNPPO	23.32	Aug 09	Leeds (GBR)
MINTENKO, Mike D	75	CAN	23.57	Jan 03	Stockholm (SWE)
ASPINALL, Kelly	89	UOFC	23.60	Feb 09	Vancouver
MURRAY, Nicolas	86	UL	23.70	Aug 09	Leeds (GBR)
PULLE, Garrett	78	CAN	23.71	Mar 98	Paris (FRA)
CANTIN, Eric	87	UL	23.80	Aug 09	Leeds (GBR)
HIRNIAK, Stefan	85	IS	23.98	Mar 09	Toronto
GERY, Marcel	65	CAN	24.07	Feb 90	Leicester (GBR)
PIETUCHA, Shamek	76	CAN	24.10	Apr 99	Hong Kong (HKG)

**100m Fly**

MINTENKO, Mike D	75	CAN	51.45	Apr 02	Moscow (RUS)
BARTOCH, Joe	83	LAC	51.45	Aug 09	Leeds (GBR)
PIETUCHA, Shamek	76	CAN	51.94	Mar 00	Athen (GRE)
HIRNIAK, Stefan	85	IS	51.98	Aug 09	Leeds (GBR)
GERY, Marcel	65	CAN	52.07	Feb 90	Leicester (GBR)
MURRAY, Nicolas	86	UL	52.12	Aug 09	Leeds (GBR)
KINDLER, Thomas	80	CNPPO	52.29	Aug 09	Leeds (GBR)
PARENTI, Eddie	71	CAN	52.71	Apr 97	Gothenburg (SWE)
PULLE, Garrett	78	CAN	52.73	Mar 98	Paris (FRA)
YAMAMOTO, Takashi	78	ROW	52.73	Feb 03	London

**200m Fly**

HIRNIAK, Stefan	85	IS	1:53.43	Aug 09	Leeds (GBR)
PIETUCHA, Shamek	76	CAN	1:54.27	Mar 00	Athen (GRE)
JOHNS, Brian	82	UBCT	1:54.76	Feb 03	Victoria
SIOUI, Adam	82	UCSC	1:55.27	Feb 08	Victoria
CHESTRAT, Zack	90	OAK	1:55.83	Mar 09	Toronto
GERY, Marcel	65	CAN	1:56.17	Jan 92	???
O'BRIEN, Nathaniel	83	CAN	1:56.31	Mar 04	New York (USA)
PONTING, Thomas	65	CAN	1:56.48	Feb 92	???
RUSE, Tim	85	PCSC	1:56.86	Mar 09	Toronto
SHARPE, David	90	HTAC	1:56.93	Aug 09	Charlottetown

**50m Breaststroke**

KORNFELD, Paul	87	UCSC	26.69	Aug 09	Leeds (GBR)
BOIS, Mathieu	88	CNPPO	26.98	Aug 09	Leeds (GBR)
DICKENS, Scott	84	UBCDS	27.04	Mar 09	Toronto
BLOCK, Jason	89	UOFC	27.56	Feb 10	Toronto
KNABE, Morgan	81	CAN	27.57	Apr 99	Hong Kong (HKG)
RUSSELL, Colin	84	UT	27.63	Feb 09	Vancouver
BARNES, Warren	85	SCAR	27.72	Mar 09	Toronto
BROWN, Mike	84	UOFC	27.85	Feb 09	Vancouver
MCKECHNIE, David	85	BTSC	27.88	Nov 06	Toronto
SHU, Minkwang	87	TSC	27.93	Mar 09	Toronto

**100m Breaststroke**

KORNFELD, Paul	87	UCSC	57.10	Aug 09	Leeds (GBR)
BOIS, Mathieu	88	CNPPO	58.22	Aug 09	Leeds (GBR)
DICKENS, Scott	84	UBCDS	58.48	Mar 09	Toronto
KNABE, Morgan	81	CAN	59.34	Jan 02	Paris (FRA)
BLOCK, Jason	89	UOFC	59.42	Feb 10	Toronto
NUGENT, Sean	85	SFA	59.67	Aug 09	Leeds (GBR)
BROWN, Mike	84	UOFC	59.74	Feb 09	Vancouver
FILION, Guillaume	79	CAN	1:00.02	Mar 00	???
KNEZEVIC, Bogdan	91	ESWIM	1:00.53	Aug 09	Leeds (GBR)
BARNES, Warren	85	SCAR	1:00.59	Nov 08	Toronto

**200m Breaststroke**

KORNFELD, Paul	87	UCSC	2:03.26	Aug 09	Leeds (GBR)
KNABE, Morgan	81	CAN	2:07.15	Jan 02	Stockholm (SWE)
DICKENS, Scott	84	UBCDS	2:07.24	Mar 09	Toronto
BROWN, Mike	84	UOFC	2:07.58	Feb 09	Vancouver
NUGENT, Sean	85	SFA	2:09.04	Aug 09	Leeds (GBR)
BOIS, Mathieu	88	CNPPO	2:09.34	Mar 09	Toronto
KNEZEVIC, Bogdan	91	ESWIM	2:09.50	Aug 09	Leeds (GBR)
BLOCK, Jason	89	UOFC	2:10.07	Feb 10	Toronto
CAI, Michael	90	HYACK	2:10.21	Aug 09	Charlottetown
CLEVELAND, Jon	70	CAN	2:10.99	Feb 92	???

**100m Medley**

TAPP, Jake	88	LOMSC	53.81	Aug 09	Leeds (GBR)
MURRAY, Nicolas	86	UL	53.84	Aug 09	Leeds (GBR)
WARD, Darren	68	CAN	54.80	Mar 91	Bonn (GER)
HAWES, Matt	86	UBCDS	54.83	Aug 09	Leeds (GBR)
JOHNS, Brian	82	CAN	54.89	Jan 04	Stockholm (SWE)
ROSE, Matthew	81	IS	55.61	Nov 06	Toronto
SUDBURY, Jeffrey	86	TSC	55.66	Aug 09	Leeds (GBR)
NG, Callum	85	UBCDS	55.69	Nov 07	Berlin (GER)
BEAVERS, Keith	83	ROW	55.81	Nov 06	Toronto
ORIWOL, Tobias	85	CAN	55.88	Aug 04	Manchester (GBR)

**200m Medley**

JOHNS, Brian	82	UBCDS	1:55.19	Mar 09	Toronto
BEAVERS, Keith	83	CAN	1:55.98	Feb 09	Vancouver
ORIWOL, Tobias	85	CAN	1:57.11	Aug 04	Manchester (GBR)
KNEZEVIC, Bogdan	91	ESWIM	1:57.40	Aug 09	Leeds (GBR)
MYDEN, Curtis	73	CAN	1:57.58	Dec 94	???
WARD, Darren	68	CAN	1:57.88	Jan 92	Malmoe (SWE)
FORD, Andrew	89	GMAC	1:58.36	Aug 09	Leeds (GBR)
VERSFELD, Mark	76	CAN	1:59.54	Feb 97	???
HARTNEY, Jordan	88	UBCDS	1:59.65	Feb 09	Vancouver
CAI, Michael	90	HYACK	1:59.75	Aug 09	Charlottetown

**400m Medley**

JOHNS, Brian	82	UBCT	4:02.72	Feb 03	Victoria
MYDEN, Curtis	73	CAN	4:08.50	Jan 98	Sydney (AUS)
BIELBY, Steven	89	MCGILL	4:11.42	Feb 09	Vancouver
ORIWOL, Tobias	85	CAN	4:11.75	Aug 04	Manchester (GBR)
WARD, Darren	68	CAN	4:11.90	Jan 92	Malmoe (SWE)
BEAVERS, Keith	83	ROW	4:12.20	Nov 03	Québec
RUSE, Tim	85	PCSC	4:12.57	Mar 09	Toronto
FORD, Andrew	89	GMAC	4:12.70	Mar 09	Toronto
SAYAO, Chuck	82	CAN	4:13.43	Mar 04	New York (USA)
HARTNEY, Jordan	88	UBCT	4:14.08	Feb 10	Toronto

**4 x 50m Freestyle**

West Vancouver Otters	WVOSC	1:25.48	Nov 01	Victoria
UBC Dolphins Swim Club	UBCDS	1:27.11	Mar 09	Toronto
Toronto Swim Club	TSC	1:27.74	Mar 09	Toronto
UNI Calgary SC	UCSC	1:30.02	Mar 09	Toronto
Club Aquatique Montréal	CAMO	1:30.67	Nov 03	Québec
Pointe-Claire Swim Club	PCSC	1:31.10	Mar 09	Toronto
Trent Swim Club	TRENT	1:31.55	Nov 04	Calgary
Rouge et Or/Laval	UL	1:31.56	Mar 09	Toronto
Simon Fraser University	SFU	1:31.65	Dec 04	Burnaby
University of Toronto	UT	1:31.83	Nov 09	Toronto

Miller, Robert / Biskupski, Rory / Ballard, James / Ballard, Will
Hayden, Brent / Biskupski, Rory / Dickens, Scott / Gossland, Thomas
Forde, Martyn / Haynes, Terrence / Shu, Minkwang / Sudbury, Jeffrey
Aspinall, Kelly / Gillespie, Kevin / Hankewich, Bradley / Blattler, Daniel
Heroux, Mathieu / Bourdages, Dominique / Pichette, Alexandre / Tomicic, Ryan
Massie-Martel, Dominique / Bielby, Steven / Jensen, Daniel / Buna, Christopher
Gow, Ryan / Rose, Matthew / Maszko, Aaron / Farrow, Scott
Murray, Nicolas / Szoo, Adam / Cantin, Eric / C.Cantin, Pascal-Hugo
Steinhauer, Felix / Krall, Randall / Lim, Lubrey / Wilkins, Paul
Forde, Martyn / Bond, Taylor / Hall, Luke / Russell, Colin

**4 x 100m Freestyle**

UBC Dolphins Swim Club	UBCDS	3:10.99	Mar 09	Toronto
UNI Calgary VS Team	UOFC	3:16.79	Feb 09	Vancouver
UNI Calgary SC	UCSC	3:17.00	Mar 09	Toronto
UNI British Columbia	UBCT	3:17.53	Feb 03	Victoria
University of Toronto	UT	3:18.02	Feb 09	Vancouver
Island Swimming	IS	3:18.64	Mar 09	Toronto
Dalhousie University Tigers	DAL	3:18.88	Oct 04	Halifax
Rouge et Or Universitaire	ULAVAL	3:19.85	Feb 10	Toronto
Toronto Swim Club	TSC	3:20.01	Mar 09	Toronto
Rouge et Or/Laval	UL	3:20.83	Mar 09	Toronto

Hayden, Brent / Gossland, Thomas / Biskupski, Rory / Johns, Brian
Aspinall, Kelly / Miazga, Colin / Gow, Ryan / Woodman, David
Aspinall, Kelly / Woodman, David / Hankewich, Bradley / Gillespie, Kevin
Hayden, Brent / Johnston, Mark / Tisdall, Justin / Johns, Brian
Chetrat, Zack / Russell, Colin / Samuel, Curtis / Cummings, Cam
Hirniak, Stefan / Rose, Matthew / Bagshaw, Jeremy / Cochrane, Ryan
Massie-Martel, Dominique / Szoo, Adam / Jacomelli, Maxime / Cantin, Eric
Haynes, Terrence / Forde, Martyn / Karpov, Nick / Cummings, Cam
Murray, Nicolas / Szoo, Adam / C.Cantin, Pascal-Hugo / Cantin, Eric

**4 x 200m Freestyle**

Island Swimming	IS	7:10.27	Mar 09	Toronto
UNI British Columbia	UBCT	7:10.95	Feb 03	Victoria
UBC Dolphins Swim Club	UBCDS	7:11.43	Mar 09	Toronto
University of Toronto	UT	7:12.31	Feb 09	Vancouver
UNI Calgary VS Team	UOFC	7:16.10	Feb 08	Vancouver
UNI Calgary SC	UCSC	7:16.88	Mar 09	Toronto
Etobicoke Swim Club	ESWIM	7:16.90	Mar 09	Toronto
Cascade Swim Club	CASC	7:18.37	Mar 09	Toronto
Rouge et Or Universitaire	ULAVAL	7:22.29	Feb 10	Toronto
Pointe-Claire Swim Club	PCSC	7:24.23	Mar 09	Toronto

Hirniak, Stefan / Bagshaw, Jeremy / Pickerl, Riley / Cochrane, Ryan
Johns, Brian / Johnston, Mark / Hayden, Brent / Tisdall, Justin
Johns, Brian / Hayden, Brent / Biskupski, Rory / Gossland, Thomas
Chetrat, Zack / Russell, Colin / Samuel, Curtis / Cummings, Cam
Hankewich, Chad / Gillespie, Kevin / Kubik, Thane / Miazga, Colin
Hankewich, Bradley / Woodman, David / Gillespie, Kevin / Blattler, Daniel
Abdel-khalik, Hassaan / King, Aimeson / Verblac, Viktor / Knezevic, Bogdan
Bobrosky, Chad / Wolk, Karl / Krywitsky, Tom / Kendrick, James
Szoo, Adam / Massie-Martel, Dominique / Langlois, Bruno / Yamine, Jordan
Jensen, Daniel / Massie-Martel, Dominique / Ruse, Tim / Bielby, Steven

**4 x 50m Medley**

UBC Dolphins Swim Club	UBCDS	1:38.09	Mar 09	Toronto
Toronto Swim Club	TSC	1:38.91	Mar 09	Toronto
UNI Calgary SC	UCSC	1:39.15	Mar 09	Toronto
Club Aquatique Montréal	CAMO	1:40.58	Nov 03	Québec
C.N. PP Olympique	CNPPO	1:41.32	Mar 09	Toronto
UNI Calgary VS Team	UOFC	1:41.58	Nov 08	Calgary
University of Toronto	UT	1:41.62	Feb 10	St. Catharines
UNI British Columbia	UBCT	1:41.65	Feb 09	Vancouver
Simon Fraser Aquatics	SFA	1:42.16	Nov 04	Calgary
Rouge et Or/Laval	UL	1:42.33	Nov 04	Calgary

Johnson, Alexander / Dickens, Scott / Biskupski, Rory / Hayden, Brent
Karpov, Nick / Shu, Minkwang / Bagrianski, Serguei / Sudbury, Jeffrey
Langlois, Daniel / Tobin, Chris / Aspinall, Kelly / Hankewich, Bradley
Mccarthy, Doug / Filion, Guillaume / Kindler, Thomas / Tomicic, Ryan
Francis, Charles / Bois, Mathieu / Kindler, Thomas / Tatigian, Michael
Langlois, Daniel / Tobin, Chris / Aspinall, Kelly / Gow, Ryan
Ng, Callum / Dickens, Scott / Biskupski, Rory / Gossland, Thomas
Steinhauer, Felix / Brekke, Trevor / Lim, Lubrey / Wilkins, Paul
Langlais, Jean-Francois / Blais, Guillaume / Murray, Nicolas / Lupien, Yannick

**4 x 100m Medley**

UBC Dolphins Swim Club	UBCDS	3:31.48	Mar 09	Toronto
UNI British Columbia	UBCT	3:35.52	Feb 06	Sainte-Foy
UNI Calgary VS Team	UOFC	3:35.88	Feb 09	Vancouver
University of Toronto	UT	3:37.53	Feb 10	Toronto
UNI Calgary SC	UCSC	3:38.45	Nov 06	Toronto
Rouge et Or/Laval	UL	3:39.00	Mar 09	Toronto
Toronto Swim Club	TSC	3:39.99	Nov 08	Toronto
Rouge et Or Universitaire	ULAVAL	3:40.27	Feb 09	Vancouver
C.N. PP Olympique	CNPPO	3:40.28	Mar 09	Toronto
London Aquatic Club	LAC	3:41.55	Mar 09	Toronto

Hawes, Matt / Dickens, Scott / Biskupski, Rory / Hayden, Brent
Ng, Callum / Dickens, Scott / Rudolf, Darryl / Johns, Brian
Langlois, Daniel / Brown, Mike / Kudaba, Andre / Gow, Ryan
Cummings, Cam / Monaco, Marco / Chetrat, Zack / Russell, Colin
Langlois, Daniel / Brown, Mike / Sioui, Adam / Hankewich, Chad
Langlois, Bruno / Deret, Kevin / Murray, Nicolas / Szoo, Adam
Karpov, Nick / Shu, Minkwang / Muralidharan, Arjun / Haynes, Terrence
Langlois, Bruno / Deret, Kevin / Murray, Nicolas / Szoo, Adam
Francis, Charles / Bois, Mathieu / Kindler, Thomas / Benoit, Marc-Andre
Atkison, Ryan / Jones, Bryn / Bartoch, Joe / Salmon, Dayton

**50m Freestyle Lap**

TAPP, Charlie	90	LOSC	21.10	Aug 09	Charlottetown
HAYDEN, Brent	83	UBCDS	21.42	Mar 09	Toronto
SUDBURY, Jeffrey	86	TSC	21.48	Mar 09	Toronto
GOSSLAND, Thomas	89	UBCDS	21.60	Mar 09	Toronto
BARTOCH, Joe	83	LAC	21.60	Mar 09	Toronto
TROSKOT, Kyle	92	LASC	21.63	Aug 09	Charlottetown
HAYNES, Terrence	84	TSC	21.64	Mar 09	Toronto
BISKUPSKI, Rory	87	UBCDS	21.79	Mar 09	Toronto
ABDEL-KHALIK, Hassaan	91	ESWIM	21.79	Aug 09	Charlottetown
RUSSELL, Colin	84	UT	21.81	Nov 09	Toronto

**100m Freestyle Lap**

HAYDEN, Brent	83	UBCDS	45.37	Aug 09	Leeds (GBR)
RUSSELL, Colin	84	UT	46.50	Feb 09	Vancouver
ABDEL-KHALIK, Hassaan	91	ESWIM	47.57	Aug 09	Charlottetown
SAY, Rick	79	IS	47.62	Feb 08	Victoria
ROSE, Matthew	81	IS	47.79	Mar 09	Toronto
JOHNS, Brian	82	UBCDS	47.80	Mar 09	Toronto
TAPP, Charlie	90	LOSC	48.11	Aug 09	Charlottetown
TROSKOT, Kyle	92	LASC	48.26	Aug 09	Charlottetown
BEAVERS, Keith	83	CAN	48.32	Feb 09	Vancouver
HANKIEWICH, Chad	81	UOFC	48.34	Feb 06	Sainte-Foy