

Summary top performances (based on FINA Points 2010)

1.	La Swim Club	LASC	4 x 50m Freestyle	Final	1:24.66	1011 Pts.	5 Oct 03	Calgary
2.	COCHRANE, Ryan	88 IS	1500m Freestyle	Prelim	14:40.84	978 Pts.	15 Aug 08	Beijing (CHN)
3.	HAYDEN, Brent	83 UBCDS	100m Freestyle	Final	47.27	977 Pts.	30 Jul 09	Rome (ITA)
4.	BROWN, Mike	84 UCSC	200m Breaststroke	Semifinal	2:08.84	964 Pts.	13 Aug 08	Beijing (CHN)
5.	COCHRANE, Ryan	88 IS	800m Freestyle	Final	7:41.92	937 Pts.	29 Jul 09	Rome (ITA)
6.	COCHRANE, Ryan	88 IS	400m Freestyle	Prelim	3:44.85	937 Pts.	9 Aug 08	Beijing (CHN)
7.	BOIS, Mathieu	88 CNPPO	100m Breaststroke	Prelim	1:00.23	920 Pts.	26 Jul 09	Rome (ITA)
8.	DICKENS, Scott	84 UBCDS	100m Breaststroke	Final	1:00.23	920 Pts.	9 Jul 09	Montréal
9.	DICKENS, Scott	84 UBCDS	50m Breaststroke	Prelim	27.45	917 Pts.	28 Jul 09	Rome (ITA)
10.	JOHNS, Brian	82 UBCDS	400m Medley	Prelim	4:11.41	912 Pts.	9 Aug 08	Beijing (CHN)
11.	GREENSHIELDS, Joel	88 UA	100m Freestyle	Final	48.39	911 Pts.	9 Jul 09	Montréal
12.	DICKENS, Scott	84 UBCDS	200m Breaststroke	Final	2:11.40	909 Pts.	10 Jul 09	Montréal
13.	WOLLACH, Pascal	87 UCSC	100m Backstroke	Final	53.63	908 Pts.	8 Jul 09	Montréal
14.	KORNFELD, Paul	87 UCSC	200m Breaststroke	Final	2:11.72	902 Pts.	10 Jul 09	Montréal
15.	KORNFELD, Paul	87 UCSC	100m Breaststroke	Final	1:00.65	901 Pts.	9 Jul 09	Montréal
16.	KNABE, Morgan	81 UCSC	100m Breaststroke	Final	1:00.70	898 Pts.	30 Jun 03	Saanich
17.	BOIS, Mathieu	88 CNPPO	200m Breaststroke	Final	2:12.00	897 Pts.	10 Jul 09	Montréal
18.	BEAVERS, Keith	83 ROW	400m Medley	Prelim	4:12.75	897 Pts.	9 Aug 08	Beijing (CHN)
19.	HAYDEN, Brent	83 UBCDS	50m Freestyle	Semifinal	21.73	894 Pts.	31 Jul 09	Rome (ITA)
20.	TEWKSBURY, Mark	68 MACC	100m Backstroke	Final	53.98	890 Pts.	30 Jul 92	Barcelona (ESP)
21.	HURD, Andrew	82 TO*	1500m Freestyle	Final	15:09.44	889 Pts.	21 Mar 06	Melbourne (AUS)
22.	BROWN, Mike	84 UCSC	100m Breaststroke	Prelim	1:00.98	886 Pts.	9 Aug 08	Beijing (CHN)
23.	HURD, Andrew	82 TO*	400m Freestyle	Final	3:49.08	886 Pts.	16 Mar 06	Melbourne (AUS)
24.	MAC GILLIVARY, Kurtis	84 CAN	1500m Freestyle	Final	15:11.38	883 Pts.	27 Mar 04	Sydney (AUS)
25.	KNABE, Morgan	81 UCSC	200m Breaststroke	Final	2:12.74	882 Pts.	26 Jun 03	Saanich

50m Freestyle

HAYDEN, Brent	83 UBCDS	21.73	Jul 09	Rome (ITA)
BOUSQUET, Frederick	81 TNTC	22.09	Mar 08	Montréal
ROSE, Matthew	81 IS	22.29	Jul 09	Belgrade (SRB)
HORTNESS, Richard	85 AMAC	22.42	Aug 08	Beijing (CHN)
JANES, Riley	80 NRST	22.59	Jul 04	Toronto
GREENSHIELDS, Joel	88 UA	22.70	Jul 09	Montréal
SUDBURY, Jeffrey	86 TSC	22.71	Jul 09	Montréal
HAYNES, Terrence	84 TSC	22.76	Jun 08	Charlotte (USA)
LUPIEN, Yannick	80 CNCB	22.79	Jul 04	Toronto
MANNING, Christopher	91 WRMS	22.82	Jul 09	Montréal

200m Freestyle

HAYDEN, Brent	83 UBCDS	1:46.40	Aug 08	Beijing (CHN)
RUSSELL, Colin	84 TO*	1:46.58	Aug 08	Beijing (CHN)
SAY, Rick	79 UCSC	1:47.16	Jul 04	Toronto
JOHNS, Brian	82 UBCDS	1:47.44	Aug 08	Beijing (CHN)
WORSLEY, Blake	87 CAN	1:48.17	Jul 09	Rome (ITA)
BETUZZI, Raymond	87 UCSC	1:48.37	Jul 09	Belgrade (SRB)
COCHRANE, Ryan	88 IS	1:48.55	Jul 09	Montréal
HURD, Andrew	82 TSC	1:48.57	Apr 08	Montréal
SIOUI, Adam	82 UCSC	1:48.72	Apr 08	Montréal
ABDEL-KHALIK, Hassaan	91 ESWIM	1:48.74	Aug 09	London (GBR)

800m Freestyle

COCHRANE, Ryan	88 IS	7:41.92	Jul 09	Rome (ITA)
HURD, Andrew	82 TO*	7:55.88	Aug 06	Victoria
MAC GILLIVARY, Kurtis	84 ROW	7:58.63	Jun 03	Saanich
BOWIE, Christopher	66 EKSC	8:00.22	Aug 90	???
SAY, Rick	79 UCSC	8:00.26	Jun 03	Saanich
MAITLAND, Kier	88 EKSC	8:01.61	Jul 10	Victoria
PENHALE, Sean	88 IS	8:03.51	Jul 09	Montréal
O'HARE, Turlough	69 CAN	8:04.80	Jul 93	Buffalo (USA)
BAGSHAW, Jeremy	92 IS	8:06.70	Jul 09	Montréal
ZUCCARO, Francesco	83 ESWIM	8:08.40	Mar 07	Saanich

100m Freestyle

HAYDEN, Brent	83 UBCDS	47.27	Jul 09	Rome (ITA)
GREENSHIELDS, Joel	88 UA	48.39	Jul 09	Montréal
RUSSELL, Colin	84 DS	48.92	Jul 09	Montréal
SAY, Rick	79 IS	49.42	Jul 06	Montréal
HORTNESS, Richard	85 AMAC	49.42	Apr 08	Montréal
ROSE, Matthew	81 IS	49.62	Apr 08	Montréal
HURD, Andrew	82 TSC	49.64	Apr 08	Montréal
LUPIEN, Yannick	80 ULAVAL	49.65	Mar 06	Melbourne (AUS)
SIOUI, Adam	82 UCSC	49.77	Apr 08	Montréal
BOUSQUET, Frederick	81 TNTC	49.96	Mar 08	Montréal

400m Freestyle

COCHRANE, Ryan	88 IS	3:44.85	Aug 08	Beijing (CHN)
HURD, Andrew	82 TO*	3:49.08	Mar 06	Melbourne (AUS)
SAY, Rick	79 CAN	3:49.99	Jun 00	???
JOHNS, Brian	82 UBCDS	3:50.55	Aug 09	Federal Way (USA)
ZOLDOS, Michael	89 NEW	3:50.93	Jul 09	Montréal
MAC GILLIVARY, Kurtis	84 CAN	3:51.43	Mar 04	Sydney (AUS)
JOHNSTON, Mark	79 CAN	3:51.71	Jun 00	???
WORSLEY, Blake	87 CAN	3:51.86	Jul 09	Rome (ITA)
BAGSHAW, Jeremy	92 IS	3:52.03	Aug 09	La Mirada (USA)
ABDEL-KHALIK, Hassaan	91 ESWIM	3:52.43	Aug 09	London (GBR)

1500m Freestyle

COCHRANE, Ryan	88 IS	14:40.84	Aug 08	Beijing (CHN)
HURD, Andrew	82 TO*	15:09.44	Mar 06	Melbourne (AUS)
MAC GILLIVARY, Kurtis	84 CAN	15:11.38	Mar 04	Sydney (AUS)
TAYLOR, Harry	EKSC	15:12.63	Feb 90	Auckland (NZL)
MAITLAND, Kier	88 EKSC	15:15.84	Jul 09	Montréal
HEDLIN, Eric	93 CAN	15:20.53	Aug 10	Irvine (USA)
ZOLDOS, Michael	89 NEW	15:21.04	Jul 09	Montréal
PENHALE, Sean	88 VASC	15:21.50	Aug 10	Irvine (USA)
PETERSON, Tim	78 CAN	15:25.09	Aug 00	???
HOLMES, Michael D	87 CAN	15:27.43	Aug 08	Québec

**50m Backstroke**

WOLLACH, Pascal	87	UCSC	25.23	Aug 09	Rome (ITA)
ROSE, Matthew	81	IS	25.61	Jul 09	Belgrade (SRB)
TAPP, Jake	88	LOMSC	25.68	Aug 09	Rome (ITA)
NG, Callum	85	UBCDS	25.72	Aug 07	Bangkok (THA)
JANES, Riley	80	ESWIM	25.73	Aug 02	Saanich
FRANCIS, Charles	88	CNPPO	25.88	Jul 09	Montréal
RENAUD, Chris	76	CAN	25.98	Jul 99	Montréal
SEPULIS, Sean	77	CAN	26.05	Mar 01	???
PICHETTE, Alexandre	77	CAMO	26.07	Jul 99	Montréal
VERSFELD, Mark	76	CAN	26.14	Aug 01	???

**100m Backstroke**

WOLLACH, Pascal	87	UCSC	53.63	Jul 09	Montréal
TEWKSBUURY, Mark	68	MACC	53.98	Jul 92	Barcelona (ESP)
HAWES, Matt	86	UBCDS	54.81	Jul 07	Rio de Janeiro (BRA)
TAPP, Jake	88	LOSC	54.82	Jul 09	Montréal
ROSE, Matthew	81	IS	54.92	Jul 08	Winnipeg
FRANCIS, Charles	88	CNPPO	54.99	Mar 10	Montreal
VERSFELD, Mark	76	CAN	55.17	Jan 98	Perth (AUS)
MURPHY, Sean	64	ESWIM	55.22	Jan 88	???
ORIWOL, Tobias	85	TSC	55.25	Jul 10	Victoria
JANES, Riley	80	CAN	55.39	Jul 03	Barcelona (ESP)

**200m Backstroke**

HAWES, Matt	86	UBCDS	1:57.34	Jul 09	Montréal
BEAVERS, Keith	83	ROW	1:58.50	Aug 08	Beijing (CHN)
SWANSTON, Matthew	91	NEW	1:58.61	Aug 09	London (GBR)
FRANCIS, Charles	88	CAMO	1:58.71	Aug 08	Québec
ORIWOL, Tobias	85	ESWIM	1:58.94	Aug 08	Beijing (CHN)
KIM, Ji Heun	89	UBCDS	1:58.95	Aug 09	Federal Way (USA)
O'BRIEN, Nathaniel	83	PCS	1:59.17	Jul 04	Toronto
VERSFELD, Mark	76	CAN	1:59.39	Jan 98	Perth (AUS)
RENAUD, Chris	76	UCSC	1:59.81	Aug 96	???
STRELZOW, Desmond	85	IS	2:00.00	Nov 05	Victoria

**50m Fly**

KINDLER, Thomas	80	CNPPO	23.66	Jul 09	Montréal
MINTENKO, Mike D	75	UBCDS	23.85	Jul 05	Montreal
ASPINALL, Kelly	89	UCSC	23.87	Jul 09	Belgrade (SRB)
BARTOCH, Joe	83	LAC	24.03	Jul 09	Montréal
CANTIN, Eric	87	UL	24.05	Jul 09	Montréal
RUDOLF, Darryl	84	UBCDS	24.20	Aug 07	Bangkok (THA)
CAMPBELL, Nate	87	HTAC	24.64	Jul 09	Montréal
YAMAMOTO, Takashi	78	ROW	24.75	Mar 03	Calgary
GILLESPIE, Kevin	85	UCSC	24.78	Jul 09	Montréal
WOLK, Karl	91	CASC	24.78	Jul 09	Montréal

**100m Fly**

BARTOCH, Joe	83	LAC	52.28	Apr 08	Montréal
MINTENKO, Mike D	75	UBCDS	52.44	Dec 02	Minneapolis (USA)
YAMAMOTO, Takashi	78	ROW	52.80	Feb 04	Orlando (USA)
SIOUI, Adam	82	UCSC	52.81	Apr 08	Montréal
KINDLER, Thomas	80	CNPPO	52.84	Aug 09	London (GBR)
BOUSQUET, Frederick	81	TNTC	52.87	Mar 08	Montréal
RUDOLF, Darryl	84	UBCDS	52.89	Aug 07	Bangkok (THA)
CLARKE, Stephen	73	CAN	53.33	Jul 96	Atlanta (USA)
PIETUCHA, Shamek	76	CAN	53.40	Aug 99	???
CANTIN, Eric	87	UL	53.51	Aug 09	London (GBR)

**200m Fly**

HIRNIAK, Stefan	85	VASC	1:57.31	Aug 10	Irvine (USA)
SIOUI, Adam	82	UCSC	1:57.45	Aug 08	Beijing (CHN)
YAMAMOTO, Takashi	78	ROW	1:57.65	Feb 04	Orlando (USA)
PIETUCHA, Shamek	76	CAN	1:58.08	Jun 00	???
PONTING, Thomas	65	CAN	1:58.91	Sep 88	Seoul (KOR)
CHESTRAT, Zack	90	OAK	1:58.97	Mar 10	Montreal
JOHNS, Brian	82	CAN	1:59.29	Aug 03	College Park (USA)
KELLY, Jon		CAN	1:59.48	Sep 88	Seoul (KOR)
ORIWOL, Tobias	85	PCSC	1:59.54	Apr 08	Montréal
MCINTYRE, Anders	92	VKSC	1:59.61	Jul 09	Montréal

**50m Breaststroke**

DICKENS, Scott	84	UBCDS	27.45	Jul 09	Rome (ITA)
BOIS, Mathieu	88	CNPPO	27.82	Jul 09	Rome (ITA)
KORNFELD, Paul	87	UCSC	28.06	Jul 09	Montréal
BARNES, Warren	85	TSC	28.16	Jul 10	Victoria
KNABE, Morgan	81	UCSC	28.22	Jun 03	Saanich
HUANG, Matthew	84	CAMO	28.29	Aug 05	Izmir (TUR)
ROY-LAVALLEE, Julien	89	CAMO	28.56	Jul 09	Montréal
POZNIKOFF, Andrew	87	SFA	28.65	Jul 10	Victoria
BLOCK, Jason	89	UCSC	28.69	Jul 10	Victoria
BROWN, Mike	84	UCSC	28.71	Nov 05	Victoria

**100m Breaststroke**

DICKENS, Scott	84	UBCDS	1:00.23	Jul 09	Montréal
BOIS, Mathieu	88	CNPPO	1:00.23	Jul 09	Rome (ITA)
KORNFELD, Paul	87	UCSC	1:00.65	Jul 09	Montréal
KNABE, Morgan	81	UCSC	1:00.70	Jun 03	Saanich
BROWN, Mike	84	UCSC	1:00.98	Aug 08	Beijing (CHN)
NUGENT, Sean	85	SFA	1:01.47	Jul 09	Montréal
JONES, Bryn	87	UWO	1:01.83	Aug 09	London (GBR)
DAVIS, Victor	64	ROW	1:01.99	Jul 84	Los Angeles (USA)
BARNES, Warren	85	TSC	1:02.00	Jul 10	Victoria
HUANG, Matthew	84	UBCDS	1:02.49	May 05	Montréal

**200m Breaststroke**

BROWN, Mike	84	UCSC	2:08.84	Aug 08	Beijing (CHN)
DICKENS, Scott	84	UBCDS	2:11.40	Jul 09	Montréal
KORNFELD, Paul	87	UCSC	2:11.72	Jul 09	Montréal
BOIS, Mathieu	88	CNPPO	2:12.00	Jul 09	Montréal
KNABE, Morgan	81	UCSC	2:12.74	Jun 03	Saanich
DAVIS, Victor	64	ROW	2:13.34	Aug 84	Los Angeles (USA)
CLEVELAND, Jon	70	CAN	2:13.97	May 92	Montréal
JONES, Bryn	87	UWO	2:14.03	Jul 09	Belgrade (SRB)
MAINS, Matthew	81	ROW	2:14.43	Apr 08	Montréal
BARNES, Warren	85	TSC	2:15.12	Jul 10	Victoria

**200m Medley**

BEAVERS, Keith	83	ROW	1:59.19	Aug 08	Beijing (CHN)
JOHNS, Brian	82	UBCDS	1:59.45	Mar 07	Melbourne (AUS)
MYDEN, Curtis	73	UCSC	2:00.38	Jul 98	New York (USA)
KNEZEVIC, Bogdan	91	ESWIM	2:00.67	Aug 09	London (GBR)
BAUMANN, Alex		CAN	2:01.42	Aug 84	Los Angeles (USA)
FORD, Andrew	89	GMAC	2:01.58	Aug 10	Irvine (USA)
HARTNEY, Jordan	88	UBCDS	2:01.69	Jul 09	Rome (ITA)
ANDERSON, Gary	69	CAN	2:01.88	Aug 90	???
ORIWOL, Tobias	85	TSC	2:01.88	Apr 10	Montreal
MURRAY, Chad	81	UCSC	2:02.64	Aug 07	Bangkok (THA)

**400m Medley**

JOHNS, Brian	82	UBCDS	4:11.41	Aug 08	Beijing (CHN)
BEAVERS, Keith	83	ROW	4:12.75	Aug 08	Beijing (CHN)
MYDEN, Curtis	73	UCSC	4:15.33	Sep 00	Sydney (AUS)
BAUMANN, Alex		CAN	4:17.41	Jul 84	Los Angeles (USA)
HARTNEY, Jordan	88	UBCDS	4:17.52	Jul 09	Montréal
FORD, Andrew	89	GMAC	4:18.40	Aug 09	London (GBR)
VON RICHTER, Owen	75	CAN	4:19.62	Aug 99	???
SAYAO, Chuck	82	TO*	4:19.66	Jun 03	Saanich
COCHRANE, Ryan	88	IS	4:22.97	Jul 10	Victoria
KWATYRA, Matthew	93	LAC	4:23.15	Jul 10	Victoria

**5000m Freestyle**

**4 x 50m Freestyle**

La Swim Club	LASC	1:24.66	Oct 03	Calgary	Tso, Kelly / Quinlan, Liam / Nicol, Alastair / Topolinsky, Owen
Cascade Swim Club	CASC	1:29.07	Oct 03	Calgary	Bennett, David / Ogg, Mason / Nelson, Kevin / Jobin, Thomas
UNI British Columbia	UBCT	1:32.61	Mar 99	???	Pulle, Garrett / Steele, Jake David / Johnston, Mark / Mintenko, Mike D
Greater Ottawa Kingfish	GO	1:32.69	May 04	Ottawa	
Rouge et Or/Laval	UL	1:32.71	May 09	Sainte-Foy	Murray, Nicolas / Le Maguet, Benjamin / Szoo, Adam / Cantin, Eric
UBC Dolphins Swim Club	UBCDS	1:34.63	Mar 03	Calgary	Strelzow, Jason / Johnston, Mark / Mintenko, Mike D / Petrus, Daniel
Club Aquatique Montréal	CAMO	1:35.13	Apr 08	Montréal	Pessoa, Diego / Blais-Chauvin, Frederic / Roy-Lavallee, Julien / Petre, Octavian
UNI Calgary SC	UCSC	1:35.30	Mar 03	Calgary	Say, Rick / Ballem, Josh / Murray, Chad / Hyder, Cameron
C.N. PP Olympique	CNPPO	1:35.76	May 07	Montréal	Tomicic, Ryan / Kindler, Thomas / Yeh, Juan / Bovell, Nicholas
Toronto Swim Club	TSC	1:36.15	Apr 03	Toronto	Hutchison, Craig / Smerdon, Kyle / Szaflarski, Peter / Hayes, Bob

**4 x 100m Freestyle**

UBC Dolphins Swim Club	UBCDS	3:19.65	Jul 08	Winnipeg	Hayden, Brent / Johns, Brian / Dickens, Scott / Biskupski, Rory
Island Swimming	IS	3:20.84	Jul 08	Winnipeg	Hirniak, Stefan / Say, Rick / Rose, Matthew / Olesen, Eric
UNI Calgary SC	UCSC	3:21.72	Jul 07	Calgary	Greenshields, Joel / Wollach, Pascal / Hankewich, Chad / Sioui, Adam
Toronto Swim Club	TSC	3:23.71	Jul 08	Winnipeg	Forde, Martyn / Hurd, Andrew / Haynes, Terrence / Sudbury, Jeffrey
C.N. PP Olympique	CNPPO	3:25.88	Mar 07	Saanich	Bovell, Nicholas / Tomicic, Ryan / Yeh, Juan / Kindler, Thomas
Pointe-Claire Swim Club	PCSC	3:26.22	Jul 10	Victoria	Grillo, Matthew / Massie-Martel, Dominique / Bond, Taylor / Zayed, Karim
Etobicoke Swim Club	ESWIM	3:27.01	Jul 09	Montréal	Abdel-khalik, Hassaan / Wright, Wil / Verblac, Viktor / Knezevic, Bogdan
Cascade Swim Club	CASC	3:28.14	Jul 09	Montréal	Wolk, Karl / Jobin, Thomas / Charmey, Barnabe / Bobrosky, Chad
Trent Swim Club	TRENT	3:28.42	Jul 05	Winnipeg	Burger, Elliot / Rose, Matthew / Gow, Ryan / Cocks, Bill
Rouge et Or/Laval	UL	3:28.47	Apr 08	Montréal	Murray, Nicolas / Boulanger-Martel, Vincent / Cantin, Eric / Szoo, Adam

**4 x 200m Freestyle**

UBC Dolphins Swim Club	UBCDS	7:19.46	Apr 03	Indianapolis (USA)	Johns, Brian / Mintenko, Mike D / Hayden, Brent / Johnston, Mark
Island Swimming	IS	7:22.59	Jul 08	Winnipeg	Hirniak, Stefan / Cochrane, Ryan / Say, Rick / Penhale, Sean
UNI Calgary SC	UCSC	7:26.55	Jul 08	Winnipeg	Sioui, Adam / Betuzzi, Raymond / Greenshields, Joel / Brown, Mike
Cascade Swim Club	CASC	7:27.18	Jul 09	Montréal	Bobrosky, Chad / Kendrick, James / Kautz, Adam / Wolk, Karl
Etobicoke Swim Club	ESWIM	7:31.79	Jul 09	Montréal	Abdel-khalik, Hassaan / Verblac, Viktor / King, Aimeson / Knezevic, Bogdan
Pointe-Claire Swim Club	PCSC	7:36.50	Apr 08	Montréal	Massie-Martel, Dominique / Ruse, Tim / Jensen, Daniel / Bielby, Steven
Saskatoon Goldfins SC	GOLD	7:40.43	Jul 06	Montréal	Hankewich, Chad / Hankewich, Bradley / Miazga, Colin / Hankewich, Brent
UNI Alberta SC	UA	7:41.13	Aug 02	Saanich	Edey, Brian / Lavoie, Malcolm / Phillips, Devin / Nelson, Chris
Rouge et Or/Laval	UL	7:42.28	Apr 08	Montréal	Roux Dubois, Maxime / Boulanger-Martel, Vincent / Cantin, Eric / Szoo, Adam
Toronto Swim Club	TSC	7:42.69	Jul 09	Montréal	Karpov, Nick / Townsend, Andy / Cummings, Cam / Muralidharan, Arjun

**4 x 50m Medley**

UNI Calgary SC	UCSC	1:41.03	Aug 98	???	Renaud, Chris / Patrick, Russell / Myden, Curtis / Caron, Etienne
Queens University SC	QUE	1:44.52	Jul 04	Toronto	Pichette, Alexandre / Boulianne, Michel / Langlais, Jean-Francois / Ancil, Pascal
Rouge et Or/Laval	UL	1:44.54	Apr 09	Sainte-Foy	C.Cantin, Pascal-Hugo / Le Maguet, Benjamin / Murray, Nicolas / Cantin, Eric
C.N. PP Olympique	CNPPO	1:44.95	Apr 09	Sainte-Foy	Roux Dubois, Maxime / Bois, Mathieu / Kindler, Thomas / Benoit, Marc-Andre
UBC Dolphins Swim Club	UBCDS	1:45.24	Mar 03	Calgary	Bauhart, Roland / Huang, Matthew / Mintenko, Mike D / Strelzow, Jason
Trent Swim Club	TRENT	1:45.53	Jul 05	Winnipeg	Rose, Matthew / Cocks, Bill / Farrow, Scott / Gow, Ryan
London Aquatic Club	LAC	1:45.85	Jul 05	Winnipeg	Atkison, Ryan / Jones, Bryn / Bartoch, Joe / Taylor, Robbie
Simon Fraser Aquatics	SFA	1:46.15	Jul 03	Calgary	Henderson, Sandy / Brekke, Trevor / Gillman, Bryce / Wilkins, Paul
Etobicoke Swim Club	ESWIM	1:46.16	Apr 09	Toronto	Verblac, Viktor / Knezevic, Bogdan / Wright, Wil / Abdel-khalik, Hassaan
Club Aquatique Montréal	CAMO	1:46.78	May 03	Montréal	Pichette, Alexandre / Boulianne, Michel / Poulin, Sebastien / Heroux, Mathieu

**4 x 100m Medley**

UBC Dolphins Swim Club	UBCDS	3:40.84	May 09	Vancouver	Hawes, Matt / Dickens, Scott / Johns, Brian / Hayden, Brent
UNI Calgary SC	UCSC	3:41.14	Jul 08	Winnipeg	Langlois, Daniel / Brown, Mike / Sioui, Adam / Greenshields, Joel
Toronto Swim Club	TSC	3:43.81	Jul 10	Victoria	Oriwol, Tobias / Barnes, Warren / Smerek, Mike / Zochowski, Thomas
C.N. PP Olympique	CNPPO	3:47.48	Jul 07	Calgary	Francis, Charles / Bois, Mathieu / Kindler, Thomas / Bovell, Nicholas
London Aquatic Club	LAC	3:48.29	Jul 10	Victoria	Atkison, Ryan / Armstrong, Jake / Bartoch, Joe / Hortness, Richard
Club Aquatique Montréal	CAMO	3:48.86	Jul 06	Montréal	Francis, Charles / Bois, Mathieu / Kindler, Thomas / Tomicic, Ryan
Pointe-Claire Swim Club	PCSC	3:49.41	Apr 10	Montreal	Davidson, Alexander / Luck, Michael / Ruse, Tim / Massie-Martel, Dominique
Etobicoke Swim Club	ESWIM	3:50.61	Jul 10	Montreal	Suvorov, Gleb / Knezevic, Bogdan / Wright, Wil / Abdel-khalik, Hassaan
Rouge et Or/Laval	UL	3:51.09	Jul 09	Montréal	Langlois, Bruno / Szoo, Adam / Cantin, Eric / C.Cantin, Pascal-Hugo
Cascade Swim Club	CASC	3:51.57	Jul 09	Montréal	Bobrosky, Chad / Dalen, Christopher / Wolk, Karl / Kendrick, James

**50m Freestyle Lap**

ROSE, Matthew	81	ON	22.00	Jun 03	Saanich
MONID, Daniel	82	UNBV	22.15	Jun 03	Saanich
WILKINS, Paul	81	BC	22.39	Jun 03	Saanich
HANKEWICH, Chad	81	GOLD	22.54	Jul 04	Toronto
HIBBERD, David	90	KSC	22.57	Aug 10	Victoria
RUSSELL, Colin	84	DS	22.62	Apr 10	Nepean
HORTNESS, Richard	85	AMAC	22.89	Jul 04	Toronto
GOODWAY, James	91	CP	22.92	Jun 09	Calgary
GREENSHIELDS, Joel	88	UCSC	22.94	Jan 06	Melbourne (AUS)
PETRE, Octavian	86	CAMO	22.99	Apr 08	Montreal

**100m Freestyle Lap**

HAYDEN, Brent	83	UBCDS	46.84	Aug 08	Beijing (CHN)
GREENSHIELDS, Joel	88	UCSC	47.77	Aug 08	Beijing (CHN)
RUSSELL, Colin	84	DS	48.11	Jul 09	Rome (ITA)
SAY, Rick	79	IS	48.44	Aug 08	Beijing (CHN)
ROSE, Matthew	81	IS	48.52	Jul 09	Belgrade (SRB)
HIRNIAK, Stefan	85	IS	48.72	Jul 09	Rome (ITA)
MINTENKO, Mike D	75	CAN	48.78	Jul 03	Barcelona (ESP)
JANES, Riley	80	CAN	49.01	Jul 03	Barcelona (ESP)
HORTNESS, Richard	85	AMAC	49.02	Jul 09	Belgrade (SRB)
HANKEWICH, Chad	81	GOLD	49.13	Aug 07	Bangkok (THA)